#### 2021 Aetna Medicare Advantage Plan Information

Thank you for your interest in applying for the Aetna Medicare Advantage plan. Below are links to the items which are part of the Enrollment Packet you would receive if we were to mail it to you. Please take note and make sure to review the information. You will be receiving an "Enrollment Verification Call" from Amerigroup within 7 days of the application receipt.

#### Enrollment Packet – click links below to download and save documents

Star Rating: HMO / PPO **Application Instructions** 

Summary of Benefits: Choice 127 / Choice 237 / Eagle 330 / Elite 006 / Elite 007 / Elite 009 / Platinum Plus 004 /

Prime 008 / Select 128 / Select 244 / Value 001 / Value 005 / Value 126 / Value Plus 003

Provider Search Pharmacy Search Formulary

#### Initial Enrollment Period (IEP)

If you are new to Medicare, you can enroll during your Initial Enrollment Period (IEP); the three months before, the month of, and the three months after your Part B effective date. Once you have been enrolled in a Medicare Plan, you can only make changes during the Annual Enrollment Period (AEP). Please be aware of the AEP dates are now October 15<sup>th</sup> to December 7<sup>th</sup>. This will give you a January 1<sup>st</sup> effective date for your new plan.

#### Annual Enrollment Period (AEP)

Applications must be signed and dated on, or between October 15<sup>th</sup> and December 7<sup>th</sup>. *If they are signed prior to October 15<sup>th</sup> they will be returned to you with a new application.* If they are received after December 7<sup>th</sup>, you will not be able to change plans until the next AEP for January of the following year.

#### Special Enrollment Period (SEP)

There are a number of reasons for Special Enrollments; Loss of a job that provides benefits, death of a spouse who's plan provided benefits, moving to an area where your old plan is not available, etc...

Once you submit your application to us, we will review your application for completeness and accuracy before we submit it to the company. You may fax, upload, email or mail your application in to CDA Insurance:

Fax: 1.541.284.2994 or 888.632.5470

**CDA Insurance LLC** 

PO Box 26540 Eugene, Oregon 97402

Secure File Upload: Click here Email: cs@cda-insurance.com

If you should have any questions on the application, please call a licensed insurance agent at 1.800.884.2343 or 1.541.434.9613. Our website: https://medicare-washington.com

Y0062 MULTIPLAN CDA INSURANCE Washington 2021

# H5521-24

## 15521.244.1\_A

## Summary of Benefits 2021

Aetna Medicare Select Plan (PPO) H5521 - 244 January 1, 2021 - December 31, 2021

Aetna Medicare Select Plan (PPO) is a PPO plan. This is a Medicare Advantage plan that covers prescription drugs. You can use in-network and out-of-network providers. You will typically pay more for out-of-network care.

The benefit information provided is a summary of what we cover and what you pay. It does not list every service or every limitation and exclusion. The plan's Evidence of Coverage (EOC) provides a complete list of services we cover. The EOC is available at **www.aetnamedicare.com** or you may call us to request a copy.

To join Aetna Medicare Select Plan (PPO), you must be entitled to Medicare Part A, enrolled in Medicare Part B and live in our service area.

Service area: Washington: Clark, Cowlitz

Call us or go online for more information.



#### 1-833-859-6031 (TTY: 711)

October 1 to March 31: 7 days a week from 8 a.m. - 8 p.m. local time April 1 to September 30: Monday - Friday from 8 a.m. - 8 p.m. local time



www.aetnamedicare.com

#### Compare our plan to Medicare

To learn more about the coverage and costs of Original Medicare, look in your "Medicare & You" handbook. View it online at www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

#### What you should know

- **Primary Care Physician (PCP):** You have the option to choose a PCP. When we know who your doctor is, we can better support your care.
- **Referrals:** Aetna Medicare Select Plan (PPO) doesn't require a referral from a PCP to see a specialist. Keep in mind, some providers may require a recommendation or treatment plan from your doctor in order to see you.
- **Prior authorizations:** Your doctor will work with us to get approval before you receive certain services or drugs. Benefits that may require a prior authorization are listed with an asterisk (\*) in the benefits grid.

You can find more details on each benefit listed below in the Evidence of Coverage (EOC).

Plan costs & information	In-network	Out-of-network
Monthly plan premium	\$66 You must continue to pay your Medicare Part B premium.	
Plan deductible	\$O	\$O
Maximum out-of-pocket amount (does not include	\$7,000 for in-network services.	\$10,800 for in and out-of- network services combined.
prescription drugs)	The most you pay for copays, coinsurance, and other costs for medical services for the year. Once you reach the maximum out-of-pocket, our plan pays 100% of covered medical services. Your premium and prescription drugs don't count toward the maximum out-of-pocket.	

Primary benefits	Your costs for in-network care	Your costs for out-of-network care
Hospital coverage*		
Inpatient hospital coverage	\$375 per day, days 1-4; \$0 per day, days 5-90  You pay \$0 for days 91 and beyond.	45% per stay
	Our plan covers an unlimited number of days.	
Outpatient hospital observation services	\$90	45%

Primary benefits	Your costs for in-network care		Your costs out-of-net	
Outpatient hospital	\$40 - \$295		45%	
services	Lower cost sharing app	lies for serv	ices other th	nan surgery.
Ambulatory surgical center	\$295		45%	
Doctor visits				
Primary care physician (PCP)	<b>\$</b> 0		45%	
Specialists	\$40		45%	
Preventive care	\$O		0% - 45%	
	Preventive care includes:  Abdominal aortic aneurysm screenings Alcohol misuse screenings & counseling Bone mass measurements Breast cancer screening: mammogram Cardiovascular disease screenings Cardiovascular behavior therapy Cervical & vaginal cancer screenings Lower cost sharing out Hepatitis B vaccines Higher cost sharing out preventive services	fecal of blood flexible sigmo Deprescreer Diabet screer HBV in screer Hepati screer HIV screer Lung of screer Nutriti service	r nings oscopy, occult test, e idoscopy) ssion nings tes nings ofection ning itis C ning tests treenings cancer nings on therapy tes cc. for pneumon	

Primary benefits	Your costs for in-network care	Your costs for out-of-network care
Emergency & urgent car	re	
Emergency care in the United States	\$90	
Urgently needed care in the United States	\$40	
Emergency & urgently needed care worldwide	Emergency care: \$90 Urgently needed care: \$90 Ambulance: \$250	
Diagnostic testing*	,	
Diagnostic radiology (e.g. MRI & CT scans)	\$150	45%
Lab services	\$0	45%
Diagnostic tests & procedures	\$10	45%
Outpatient x-rays	\$0	45%
Hearing, dental, & vision		
For benefits that offer a re Medicare.	eimbursement, you can see any licer	nsed provider who is eligible under
Diagnostic hearing exam	\$40	45%
Routine hearing exam	\$0	45%
	We cover one exam every year. All appointments should be scheduled through NationsHearing.	
Hearing aids	Our plan pays up to a maximum amount of \$1,250 per ear, every You are responsible for any costs over this amount.	
	NationsHearing will manage your hearing aid benefits. All hearing aids must be purchased through NationsHearing.	
Dental services	\$500 reimbursement every year for covered services. Teeth whitening is not covered.	
Glaucoma screening	\$0	45%

Primary benefits	Your costs for in-network care	Your costs for out-of-network care	
Diagnostic eye exams (including diabetic eye	\$0 - \$40	45%	
exams)	Lower cost sharing: for first diabetic eye exam Higher cost sharing: for all other eye exams		
Routine eye exam	\$0	45%	
	We cover one exam every year.	,	
Contacts and eyeglasses	\$150 reimbursement every year.		
Mental health services*			
Inpatient psychiatric stay	\$1,871 per stay	45% per stay	
Outpatient mental health therapy (individual)	\$40	45%	
Outpatient psychiatric therapy (individual)	\$40	45%	
Skilled nursing*	,		
Skilled nursing facility (SNF)	\$0 per day, days 1-20; \$184 per day, days 21-100	45% per stay	
	Our plan covers up to 100 days per	benefit period.	
Therapy*			
Physical and speech therapy	\$10	45%	
Ambulance & routine transportation			
Ground ambulance (one-way trip)	\$250	\$250	
Air ambulance* (one-way trip)	\$250	\$250	
Routine transportation (non-emergency)	Not Covered	Not Covered	

Primary benefits	Your costs for in-network care	Your costs for out-of-network care
Medicare Part B drugs*		
Chemotherapy drugs	20%	45%
Other Part B drugs	20%	45%

<sup>\*</sup> Prior authorization may be required for these benefits. See the EOC for details.

Prescription drugs (Your costs may be lower if you qualify for Extra Help)		
Formulary name	B2 (You can use this when referencing our list of covered drugs)	
Stage 1: Deductible You pay the full cost of drugs until you reach your deductible.		
This plan doesn't have a deductible, so your coverage begins at Stage 2.	\$0	

#### Stage 2: Initial coverage

You pay the costs below until your total drug costs reach \$4,130. You pay the copay listed below or the cost of the drug, whichever is lower. These cost shares may also apply to Home Infusion drugs when obtained through your Part D benefit. For Long Term Care, you'll get a 31 day supply and pay the Standard cost-share.

	30-day supply through Retail or Mail		90-day supply through Retail or Mail	
	Preferred	Standard	Preferred	Standard
Tier 1: Preferred Generic	\$0	\$15	\$0	\$45
Tier 2: Generic	\$5	\$20	\$10	\$60
Tier 3: Preferred Brand	\$47	\$47	\$141	\$141
Tier 4: Non-Preferred Drug	\$100	\$100	\$300	\$300
Tier 5: Specialty	33%	33%	N/A	N/A

#### **Prescription drugs** (Your costs may be lower if you qualify for Extra Help)

#### Stage 3: Coverage gap

Our plan offers some coverage in this stage. The coverage gap lasts until your out-of-pocket drug costs reach \$6,550.

	30-day supply		
	Preferred	Standard	
Tier 1: Preferred Generic	<b>\$</b> O	\$15	
Tier 2: Generic	\$5	\$20	
All other Brand Name Drugs	25% of the plan's cost		
All other Generic Drugs	25% of the plan's cost		
Stage 4: Catastrophic coverage You pay a small cost share for each drug.			
Generic Drugs	You pay the greater of 5% of the cost of the drug or \$3.70		
Brand Name Drugs	You pay the greater of 5% of the cost of the drug or \$9.20		

Other benefits	Your costs for in-network care	Your costs for out-of-network care
Equipment, prosthetics,	& supplies*	
Diabetic supplies	0% - 20%	0% - 20%
	We only cover OneTouch/Lifescan supplies, including test strips, glucose monitors, solutions, lancets and lancing devices for 0%.  We will only cover other brands with a medical exception. If we approve an exception, non-OneTouch/Lifescan supplies are covered at 20%.	
Durable medical equipment (e.g. wheelchair, oxygen)	20%	45%
Prosthetics (e.g. braces, artificial limbs)	20%	45%

Other benefits	Your costs for in-network care	Your costs for out-of-network care
Substance abuse*		
Outpatient substance abuse (Individual therapy)	\$40	45%

<sup>\*</sup> Prior authorization may be required for these benefits. See the EOC for details.

Additional benefits and services provided by	Benefit information		
Aetna Medicare Select Plan (PPO)	Your costs for in-network care	Your costs for out-of-network care	
Fitness	Standard membership at participating SilverSneakers® facilities and access to online wellness related tools, planners, newsletters, and classes, at no extra cost.		
	You can get an at-home fitness kit if you don't live near a participating club or prefer to exercise at home.		
Help during a COVID-19 Public Health Emergency	You'll always pay \$0 for COVID-19 testing, even if the COVID-19 Public Health Emergency ends. Additionally, during a COVID-19 Public Health Emergency we offer these extra services:		
	<ul> <li>Mental health &amp; psychiatric telehealth services with network providers</li> </ul>		
	<ul> <li>You may be eligible for a package of supplies, if you've tested positive, to help prevent the spread of COVID-19 and assist with recovery</li> </ul>		
Meals	When you get home after an inpatient hospital stay, we cover up to 14 home delivered meals. You will be contacted to schedule delivery if eligible and meals will be provided through GA Foods®.		
Naturopathic physician services	\$10	20%	
Services	Naturopathic medicine combines modern and traditional approaches with more natural and wellness-based methods of treatment.		
	Tivity will manage your naturopathic benefit. We cover 6 visits per year.		
Nursing hotline	Speak with a registered nurse 24 hours a day, 7 days a week to discuss medical issues or wellness topics.		

Additional benefits and services provided by	Benefit information	
Aetna Medicare Select Plan (PPO)	Your costs for in-network care	Your costs for out-of-network care
Resources For Living®	Resources For Living® helps connected community such as senior housing community activities, and more.	
Telehealth	You can receive primary care and visit for the same cost as an in-per Depending on your location, you a MinuteClinic® Video Visits. Find ou area at www.cvs.com/minuteclinic	rson visit. also have 24/7 access to at if these visits are available in your
Visitor/travel benefit	Allows you to remain in your plant outside of our plan's service area.  You can see an Aetna Medicare pathe United States who accepts PP cost shares. Not all providers particular contact us for help finding a particular traveling to.  Plan rules continue to apply. Prior certain services.	articipating provider anywhere in O members and pay in-network icipate in the multi-state network. cipating provider in the area you're

### Pre-enrollment checklist

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a customer service representative at **1-833-859-6031 (TTY: 711)**. From October 1 to March 31, you can call us 7 days a week from 8 a.m. - 8 p.m. local time. From April 1 to September 30, we're here Monday through Friday from 8 a.m. - 8 p.m. local time.

#### **Understanding the benefits**

Review the full list of benefits found in the Evidence of Coverage (EOC), especially those services for which you routinely see a doctor. Visit <b>www.aetnamedicare.com</b> or call <b>1-833-859-6031 (TTY: 711)</b> to view a copy of the EOC.
Review the provider directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.
Review the pharmacy directory to make sure the pharmacy you use for any prescription medicine is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.

#### **Understanding important rules**

In addition to your monthly plan premium, you must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.
Benefits, premiums and/or copayments/co-insurance may change on January 1, 2022.
Our plan allows you to see providers outside of our network (non-contracted providers). However, while we will pay for covered services provided by a non-contracted provider, the provider must agree to treat you. Except in an emergency or urgent situations, non-contracted providers may deny care. In addition, you may pay a higher co-pay for services received by non-contracted providers.

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Aetna Medicare is a HMO, PPO plan with a Medicare contract. Our SNPs also have contracts with State Medicaid programs. Enrollment in our plans depends on contract renewal.

See Evidence of Coverage for a complete description of plan benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by service area. Out-of-network/ non-contracted providers are under no obligation to treat Aetna members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services. The formulary, provider and/or pharmacy network may change at any time. You will receive notice when necessary. Medicare's pharmacy network includes limited lower cost, preferred pharmacies in: Rural Kansas, Rural Nebraska, Rural Maine, Rural Michigan, Suburban Arizona, Suburban West Virginia, and Urban Michigan. The lower costs advertised in our plan materials for these pharmacies may not be available at the pharmacy you use. For up-to-date information about our network pharmacies, including whether there are any lower-cost preferred pharmacies in your area, members please call the number on your ID card, non-members please call 1-833-859-6031 (TTY: 711) or consult the online pharmacy directory at www.aetnamedicare.com/findpharmacy. For mail-order, you can get prescription drugs shipped to your home through the network mailorder delivery program. Typically, mail-order drugs arrive within 10 days. You can call the number on your ID card if you do not receive your mail-order drugs within this timeframe. Members may have the option to sign-up for automated mail-order delivery. Members who get "Extra Help" are not required to fill prescriptions at preferred network pharmacies in order to get Low Income Subsidy (LIS) copays. Participating physicians, hospitals and other health care providers are independent contractors and are neither agents nor employees of Aetna. The availability of any particular provider cannot be guaranteed, and provider network composition is subject to change.

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